

LETTER OF ADMIRATION WORKSHEET

Admiration helps us appreciate others and inspires us to grow. This exercise encourages children to reflect

Step 1: Think About Someone You Admire

Who do you admire? This could be a family member, friend, teacher, or even a hero from a story. Write them down below:

I admire: _____

Step 2: What Makes Them Special?

List three qualities or things you admire about this person:

Step 3: Write a Thank-You Note

Write a short thank-you note to the person you admire. Let them know why you appreciate them and how they inspire you.

Dear _____

Thank you for _____

You inspire me because _____

From: _____



