

# MINI DELIGHT BREAK

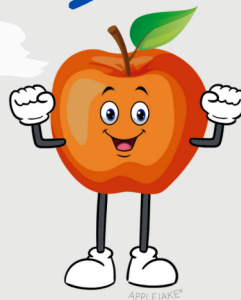
1

Sip hot chocolate



2

Listen to a favorite song



4

Talk about what makes you happy.

3

Cuddle under a blanket



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